

# District 18 – Voice of Reason

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## End of 2024 Newsletter

As 2024 comes to end and we reflect on the past year, there have been many exciting events, speaker meetings, district meetings, Sponsors R&R and assemblies. Sharing our Experience, Strength and Hope with the AI Alon. This November is my 1 year birthday in the AI Anon program and what a difference AI Anon has helped me grow. I have a relationship with my Higher Power, have made great individuals who inspiring to be a better person, and they show me how the program really works. I am grateful to each individual that have share their journey. I am very honored to be off service to you all.

This newsletter includes upcoming speaker meetings and events for November and December. I have made save the dates for November and December and have included at the end all the flyers. But first, we are so lucky to have two individuals who shared their experience at the Sponsors R & R. The following were written by Toni M. and Fred J. After reading their articles, I hope I will be able to attend next year!! Once again thank you Toni M. and Fred J. for your shares.



My First Sponsor's R &R by Toni M.

Driving down the highway, heading out of town I realized I was tired and unhooking was exactly what I needed. This was my first Sponsor's R & R as a newly minted AMIAS (Al-Anon Member in Alateen Service) and I did not know what to expect, all I knew was I would be with fellow Al-Anon members away from my routine and responsibilities, and that felt amazing.

The weekend was set in Occidental, CA at Westminster Woods, a beautiful camp with redwoods all around and little if any cell phone service.

The agenda was full of speakers, meetings and workshops all designed to build and encourage AMIAS's whether brand new or well-seasoned. Moreover, the annually required B-17 training was provided for current AMIAS to be recertified for 2025 and/or new AMIAS to become certified. This time together, made the training fun and engaging.

What I experienced most at Sponsor's R & R was a safe place to let down, ask questions and listen for answers about Alateen service. Throughout the weekend I could sense conscious contact with my Higher Power, whether I was walking in the woods, listening to a speaker or playing games in a workshop.

For me, Sponsor's R & R was a delightful respite from my daily routine and a fabulous opportunity to make new friends in Al-Anon, all while connecting with Higher Power and growing in Alateen service and understanding.

I highly recommend Sponsor's R & R for anyone who is a current AMIAS or who is looking to become one. Hope to see you there in 2025. Toni M.



SAVE THE DATE!!  
NCWSA SPONSORS' R&R 2024  
September 20-22  
Westminster Woods  
Occidental, CA



Sponsors' R & R by Fred J.

Sponsors' R & R was a total blast, though there was not much R & R in the packed schedule.

Located in the middle of the Northern California redwoods just outside of Occidental, the setting was spectacular, serene and peaceful. The cabins were roomy, and the food was terrific!

The whole weekend ran smoothly. Morning, noon, and night we were eating together, attending meetings, going to speaker meetings, participating in workshops, entertaining each other at the talent show, and training to be re-certified as AMIAS. There were stellar speakers Friday night, Saturday evening, and Sunday morning. Tons of useful information was shared and the AMIAS and potential AMIAS attending were a lot of fun to hang out with and get to know.

And who knew that our very own Nancy T is a natural born comedienne AND can carry a tune, acapella? That alone is reason enough to attend Sponsor's R&R next year. One can only hope Nancy will perform an encore at the Talent Show.



November 20<sup>th</sup>, 2024, Wednesday at 7:00 pm. – Serenity AFG

- Location: Hybrid In-Person + Zoom
  - Our Father's House – 1005 I Street, Los Banos
  - Zoom Meeting ID: 393 154 9972 Passcode: 1958
- Amy H. from Sierra AFG will share on Topic Acceptance.

November 27<sup>th</sup>, 2024, Wednesday at 6:00 pm. – Open Hand

- Will have a Thanksgiving Eve Zoom meeting.
- Zoom Meeting
  - Zoom Meeting ID: 892 0653 9123 Passcode: 258880



December 1<sup>st</sup>, 2024, Sunday at 1:30 pm. District 18 Business Meeting

- Business Meeting Starts at 1:30 pm. We will be having a holiday potluck at 2:30. Please bring your favorite dish. Please come join us for the business meeting, as there are still positions open and to celebrate AI Anon.
- Business is hybrid In-Person + Zoom
  - 1425 Standiford Ave. - Modesto
  - Zoom: 838 4051 8924. Passcode: Serenity

December 8<sup>th</sup>, 2024, Sunday at 2:00 pm. Holiday Extravaganza

- Doors Open at 2:00 pm, Program begins at 3:00 pm.
- Location: Harvest Hall – 3800 Cornucopia Way, Modesto
- Speakers: AA Speaker – John W. (Lodi – 39 years)  
AI-Anon Speaker – Amy E. (Modesto – 38 years)
- Please bring Cookies and Finger Foods to share

December 9<sup>th</sup>, 2024, Monday at 6:30 pm – Ceres AFG

- Ceres AFG invites you to a speaker Meeting.
- Bob will share his AI-Anon Journey.

December 11<sup>th</sup>, 2024, Wednesday at 5:45 pm. Speaker Meeting

- Path to Serenety AFG invites you to their Fall Speaker Meeting.
- Jessica H. from Turlock will share her Experience, Strength and Hope in her AI-Anon Journey.
- St. Joseph's Catholic Church, St. John Paul II Center, Room 10  
1813 Oakdale Road, Modesto.
- For Additional Information, please call April M at 209-993-1872

## SPONSORS R & R WORD SEARCH

A	H	F	Z	W	K	O	E	P	D	S	A
L	M	R	P	O	X	C	N	S	P	K	S
W	A	I	E	R	Q	C	G	P	K	Y	E
S	J	E	A	K	O	I	A	W	Q	H	R
N	G	N	C	S	U	D	G	M	G	T	E
C	S	D	E	H	R	E	I	Y	P	O	N
C	U	S	F	O	W	N	N	R	K	H	E
N	C	Y	U	P	D	T	G	D	D	H	Z
I	C	S	L	S	K	A	D	Z	A	N	I
R	G	A	W	V	P	L	C	D	D	X	F
F	S	J	B	S	E	R	V	I	C	E	U
H	I	G	H	E	R	P	O	W	E	R	D

SEARCH WORDS:

SPONSOR RR	WORKSHOPS
OCCIDENTAL	FRIENDS
CAMP	FUN
ENGAGING	AMIAS
HIGHER POWER	SERENE
PEACEFUL	SERVICE



**Serenity AFG  
Speaker Meeting  
with Amy H**

**Sierra AFG**

**Topic - Acceptance**

**Wednesday**

**November 20, 2024**

**7:00 pm**

Hybrid In-Person + Zoom

Our Father's House

1005 I Street, Los Banos

**OR**

**Zoom Meeting ID: 393 154 9972**

**Zoom Password: 1958**

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Central Valley Intergroup presents

# Holiday Extravaganza

**Sunday, December 8, 2024**

*Harvest Hall - 3800 Cornucopia Way, Modesto*

**Doors open at 2pm**

**Program begins at 3pm**

**AA Speaker - John W.  
(Lodi - 39 years)**

**Al-Anon Speaker - Amy E.  
(Modesto - 38 years)**

**Join us for the Holiday FUN!!  
Fellowship, Raffles,  
Santa & Mrs. Claus,  
Sobriety Countdown,  
and more!!!**

**Please bring  
Cookies and  
Finger Foods  
to share.**



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**Path to Serenity AFG  
Invites You to Our Fall Speaker Meeting**

**Jessica H.**

**From Turlock, CA**

**Will Share Her Experience Strength and Hope in Her Al-Anon Journey**

**Wednesday, December 11<sup>th</sup>**

**5:45 PM**

**St. Joseph's Catholic Church, St. John Paul II Center, Room 10  
1813 Oakdale Road, Modesto**

**For Additional Information, Please Call April M. at 209 993 1872**