
District 18's
Voice of Reason



Service!

District elections are coming in August for the 2024-2026 panel.

What is service and why is it part of the program? Do you wonder why people keep talking about it? Have you thought about service? Here is a link to the Service tab of the website with the descriptions of the district coordinator positions: [Service](#) Meetings typically have their elections later in the year for their positions.

What would you tell someone who asked you about getting into Service?

I feel as though I belonged when I did service.

My sponsor said service is part of recovery. If she hadn't, I probably never would have volunteered.

Service is giving back what I've received. I can pick anything for service.

I met with the previous person who held this position who told me that I could do this my way.

Do what you can. It doesn't need to be perfect. I haven't lost any pay yet! Hahaha

Anything worth doing is worth doing wrong. Mistakes are not fatal.

I'm not very organized. There is always a shortage of time. The best way for me to learn is here - being of service.

Struggling with inadequacy kept me from service.

I get so much by giving it away. I wish I'd done it sooner.

District meetings are where I see the "Al-Anon heavyweights".

I like companionship & knowing people. I know I can ask them for help.

When I moved, I got into service to get to know people.

I can be a leader now. People let me lead because I was letting others do their jobs. I didn't micromanage like I did before.

People don't beat each other up when there is a mistake. I beat myself up but not you.

When you live in a service position, you own it. Now it is about you. I learned to let it go when my time is up.

I get to do service with people who do service using the Traditions and Concepts.

My sponsor "drug" me around to the different things she did in service. She always said she enjoyed that service so I went with her. I realized that I enjoyed it too.

I don't know what I'll do when this position ends. I know there will be something. I'm OK with not knowing right now. Being busy is part of my disease.

I didn't want to be here. I didn't like coming. I realized I could choose what I wanted and that made me a little more confident.

What spiritual principles did you learn with each service position?

Position	Principal	Principal
Alt DR and DR	Balance	Humility
Archives	Taking care of myself	Facing my fears
Area secretary	Humility	Rotation of service
Chairing an event	Asking for help	Follow directions
Chairing an event	Speak less and listen more	

Position	Principal	Principal
Coffee	Commitment	Enthusiasm
Diversity	Let Go and Let God	
DR	Principles above personalities	
DR	Commitment	Trust
DR	Don't have to do it	Responsibility versus authority
GR	Delegate responsibility	Trust
GR	Lean on others	Pay it forward
GR	Just do it	I don't have to be perfect
GR	Delegate responsibility	Keep coming back
GR	Learned how to have a voice	Participation
GR	Beyond my comfort zone	Work with others
Keyholder	Commitment	
Literature	Cooperation	Growth of my program
Literature	Participation	
Newcomer greater	Gratitude	
Secretary	Confidence	Sense of belonging
Secretary	Listening	Humble
Secretary	Can ease into service	
Secretary	Responsibility	Commitment
Sharing at a meeting	Confidence	Participation
Sharing at a meeting	Acceptance	
Speaker seeker	Beyond my comfort zone	
Speaker seeker	Ask for what I need	QTIP
Treasurer	Patience	Ample reserve
Treasurer	Stretching beyond my comfort zone	
Treasurer	Balance	Self supporting

Participation is the Key to Harmony

Concept 4

District 18 is the Host District

For The Northern California World Service Area (NCWSA)

3 Day Election Assembly

Meet Your Committee

- Chairperson - April M. 209 993 1872
- Co-Chairperson - Toni M. 209 915 4277
- Pre-Registration Chairperson - Carol S. 209 604 2331
- On Site Registration Chairperson - Dave O. 209 556 8570
 - On Site Co-Chairperson – Shawnelle B. 209 658 1594
- Event Treasurer - Krista L. 530 301 3629
- Greeters/Signage Chairperson - Toni M. 209 915 4277
 - Greeters/Signage Co-Chairperson – Sharon O. – 209 450 6245
- Hospitality Chairperson - Lin E. 209 484 0748
- Love Gifts Chairperson- Vicki B. 209 480 4820
- Al-Anon Meetings Chairperson - Pat W. 707 501 8169
 - Al-Anon Meetings Co-Chairperson – Marcus B. 209 408 7391
- Activities/FUN Fellowship Chairperson – Sophia R. 408 854 9437
- Publicity Chairperson – Debbie O. 209 202 2381
- Voting Chairperson – Barbara A. 209 526 0704 (landline voice call only no text messaging)
 - Voting Co-Chairperson – Rachel D. 209 996 2304

We encourage and invite you to reach out to our committee members and let them know you are ready, willing and able to HELP!

Word Search

Z H I B S D I S N D B G W U D
 N M N M E Z M P E Q Q M E Y I
 E T S Q C Q O W D Y L D B R V
 W S T D R P U N J U E H S O E
 S L I O E Y I S W N K M I O R
 L A T G T B P C L H I T T Q S
 E S U A A O L Q P B I X E F I
 T H T C R B H Z I C V A G K T
 T A I S Y B G C K V E E R J Y
 E M O G R O U P R E C O R D S
 R I N K U M P E I U G L K F B
 I A S W G R O U P R E P L Y L
 O S L W U P T R E A S U R E R
 X I A U M G I A R C H I V E B
 L I T E R A T U R E H F C U X

Institutions

Group records

Newsletter

Literature

Secretary

Treasurer

Archive

Group Rep

PICPC

Diversity

Website

AMIAS

Answers on the last page

SPECIAL EVENTS

Oct 13-15, 2023 will be the NCWSA 3 day Election Assembly here in Modesto. We will need lots of help! Contact April M to volunteer now or attend the planning meeting 8/6/23 at 3:40 after the district meeting. More information to come about how you can be of service!

Check the calendar on the District 18 website for more events including speaker meetings:
<http://alanonsanjoaquinvalley.org/events.htm>

Check the NCWSA calendar for events in other districts:
<https://northerncaliforniaal-anon.org/calendar/>

Want to subscribe to the newsletter? Send me an email using the email below. It's free!
newsletter@alanonsanjoaquinvalley.org

District Meetings:

When: The 1st Sunday of every month from 1:30-3:30
Where: New Beginnings: 1425 Standiford Ave, Modesto (behind Fleet Feet store)
Who: Open to everyone!

In The Loop News from the WSO

To sign up to receive the monthly emails from the WSO, click on the link below, fill in the following fields and click on Submit. [In the Loop Sign-Up](#)

Did you know that the WSO has a blog where you can share on the current topic?
Here is the website: [Member's Blog](#).

Young Al-Anon Members Meeting list: [Young People Focus Meeting List](#)

Answers:

Z H I B S D I S N D B G W U D
 N M N M E Z M P E Q Q M E Y I
 E T S Q C O O W D Y L D B R V
 W S T D R P U N J U E H S O E
 S L I O E Y I S W N K M I O R
 L A T G T B P C L H I T T Q S
 E S U A A O L Q P B I X E F I
 T H T C R B H Z I C V A G K T
 T A I S Y B G C K V E E R J Y
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 I A S W G R O U P R E P L Y L
 O S L W U P T R E A S U R E R
 X I A U M G I A R C H I V E B
 L I T E R A T U R E H F C U X

